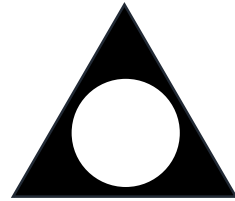


Minnesota South Area 2020 Calendar



Al-Anon Declaration:

Let It Begin With Me

*When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen always be there,
and – Let It Begin With Me*

For additional copies of the 2020 calendar contact:

Minneapolis Information Services
7204 West 27th Street
Saint Louis Park, MN 55426
952-920-3961

St. Paul Al-Anon Intergroup & LDC
253 State Street
Saint Paul, MN 55107
651-771-2208

You can make your own copies from this calendar or print a copy from:

www.minnesotasouth-al-anon.org

*Today I believe that a Power greater than ourselves works through each of us. I see that happen at meetings, through phone calls, e-mails, on-line meetings, and in every group conscience ever held. I've seen amazing things happen both to and through Al Anon Family Groups, and today I trust that if this process works for the fellowship as a whole, then it can work within my life too.
Many Voices, One Journey (B-31), page 391*

January

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--------------------------------------|---|--|--|
| <p>“Courage and fellowship with replace fear.” From Survival to Recovery (B-21, Page 269-70)</p> | |  | 1 New Year's Day | 2 | 3 | 4 |
| 5 | 6 | 7 St. Paul Intergroup Service Meeting | 8 AIS business Meeting 6:30 PM | 9 | 10 | 11 District 6 Meeting District 8 Meeting District 10 Meeting District 13 Meeting Island of Serenity Potluck/Speaker Mtg. |
| 12 | 13 District 12 Meeting District 17 Meeting | 14 | 15 | 16 | 17 | 18 District 2 Meeting District 15 Meeting District 8 Potluck/Speaker Meeting |
| 19 | 20 Delano Open Speaker Mtg/Potluck 6:45 PM | 21 | 22 District 11 Meeting | 23 NYA Step Speaker/Potluck Meeting | 24 Waconia Friday Night AFG Potluck/Speaker Meeting | 25 District 8 Annual Potluck |
| 26 District 10: 11th Annual Potluck/Speaker Meeting | 27 | 28 | 29 | 30 | 31 |  |
| <p>Keep Coming Back</p> | <p>“By simply participating in the Al-Anon program, I am the one who reaps the benefits of harmony and serenity in my life.” Reaching for Personal Freedom (P-92, Page 136)</p> | | | | | |

February

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|---|--|---------------------------------------|----------|---|--|--|
| TOGETHER WE CAN MAKE IT |  | <i>“Spiritual intimacy is created when I invite my Higher Power into my daily life.” Intimacy in Alcoholic Relationships (B-33, Pg. 105)</i> | | | | 1 AWSC | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 District 6 Meeting District 8 Meeting District 6 Potluck and Speaker Meeting | |
| 9 | 10 District 17 Meeting | 11 St. Paul Intergroup Service Meeting | 12 AIS Business Meeting 6:30 PM | 13 | 14 | 15 District 4 Meeting | |
| 16 | 17 | 18 | 19 | 20 | 21 District 9 Meeting | 22 | |
| 23 | 24 | 25 Pathfinders Anniversary Meeting 6:30 PM | 26 District 11 Meeting | 27 | 28 Waconia Friday Night AFG Potluck/Speaker Meeting | 29 | |
| <i>“I found a way to true happiness by being willing to deal with my feelings instead of stuffing them.” Opening Our Hearts, Transforming Our Losses (B-29, Page 131)</i> | | | | |  | HOW IMPORTANT IS IT? | |

March

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|---|--------|--|
| 1 | 2 | 3 | 4 Lois's Birthday | 5 | 6 | 7 District 15 Fun Day |
| 8 | 9 District 12 Meeting District 17 Meeting | 10 St. Paul Intergroup Service Meeting | 11 AIS Business Meeting 6:30 PM | 12 | 13 | 14 District 6 Meeting District 8 Meeting District 10 Meeting District 13 Meeting |
| 15 | 16 | 17 | 18 | 19 First Day of Spring NYA Step Speaker/Potluck Meeting | 20 | 21 District 4 Meeting District 16 Fun Day |
| 22 | 23 | 24 | 25 District 11 Meeting | 26 | 27 | 28 |
| 29 | 30 | 31 |  | Live and Let Live | | |

"... through our Traditions we guard against distortion and dilution of the Al-Anon idea." One Day at a Time (B-6, Page 330)

April

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|--|--|--------------------------------------|----------|---|---|
| KEEP IT SIMPLE | | | 1 | 2 | 3 | 4 MNSA Spring Assembly |
| 5 | 6 | 7 | 8 AIS Business Meeting 6:30 PM | 9 | 10 | 11 District 6 Meeting District 8 Meeting Island of Serenity Potluck/Speaker Meeting |
| 12 Easter | 13 District 17 Meeting | 14 St. Paul Intergroup Service Meeting | 15 | 16 | 17 District 9 Meeting Sunlight of the Spirit | 18 District 2 Meeting District 4 Meeting Sunlight of the Spirit |
| 19 Sunlight of the Spirit | 20 Delano Open Speaker Mtg/Potluck 6:45 PM | 21 | 22 District 11 Meeting | 23 | 24 Waconia Friday Night AFG Potluck/Speaker Meeting | 25 District 2 Annual Speaker Meeting |
| 26 | 27 | 28 | 29 | 30 |  | |

“We have to change habits of behavior and thinking patterns that don’t work and are actually self-destructive. Habits don’t change just by reading about them. Change comes through practicing something different. Working the program for means taking one of the tools a slogan, a Step, the Serenity Prayer, the phone list, my sponsor and using it in my life. As I worked at making changes in myself, I found that where I used to react with anger and rage, I now react with love and compassion, and it feels good. I am no longer a victim of life; I am a survivor with choice.”

From Survival to Recovery: Growing Up In an Alcoholic Home (B-21, al-anon.org)

May


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---------------------------------------|---|---|---|
|  | <h2 style="margin: 0;">LET IT BEGIN WITH ME</h2> | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 District 6 Meeting District 8 Meeting District 10 Meeting District 13 Meeting |
| 10 | 11 District 12 Meeting District 17 Meeting | 12 St. Paul Intergroup Service Meeting | 13 AIS Business Meeting 6:30 PM | 14 | 15 | 16 District 4 Meeting District 15 Meeting |
| 17 | 18 | 19 | 20 | 21 NYA Step Speaker/Potluck Meeting | 22 Waconia Friday Night AFG Potluck/Speaker Meeting Gopher State Round-Up | 23 Gopher State Round-Up |
| 24 Gopher State Round-Up | 25 Memorial Day | 26 | 27 District 11 Meeting | 28 | 29 | 30 |
| 31 | <p style="margin: 0;">“Nothing will be solved by hiding from the truth. Justifying and rationalizing our actions and blaming others for all the problems in our lives will never produce serenity.”</p> <p style="margin: 0;">Paths to Recovery Workbook (P-93, Page 21)</p> | | | | | |

June

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--------|---|--|--------------------------|--|---|--|
|  | 1 | 2 | 3 | 4 | 5 | 6 | |
| 7 | 8 | 9 St. Paul Intergroup Service Meeting | 10 AIS Business Meeting 6:30 PM | 11 | 12 AA Founders Day Weekend | 13 Delegate's Report District Meetings: 6 & 8 AA Founders Day Weekend | |
| 14 AA Founders Day Weekend | 15 | 16 | 17 | 18 | 19 District 9 Meeting | 20 First Day of Summer | |
| 21 | 22 | 23 | 24 District 11 Meeting | 25 | 26 Waconia Friday Night AFG Potluck/Speaker Meeting | 27 | |
| 28 | 29 | 30 |  | One Day at a Time | | | |

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July

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--------------------------------------|--|--|---|
| <h1>Easy Does It</h1> | | | 1 | 2 International Convention of AA (Detroit, MI) | 3 International Convention of AA (Detroit, MI) | 4 Independence Day International Convention of AA (Detroit, MI) |
| 5 International Convention of AA (Detroit, MI) | 6 | 7 | 8 AIS Business Meeting 6:30 PM | 9 | 10 | 11 District 6 Meeting District 8 Meeting District 10 Meeting District 13 Meeting Island of Serenity Potluck/Speaker Meeting |
| 12 | 13 District 12 Meeting | 14 St. Paul Intergroup Service Meeting | 15 | 16 | 17 | 18 District 2 Meeting |
| 19 | 20 Delano Open Speaker Mtg/Potluck 6:45 PM | 21 | 22 District 11 Meeting | 23 NYA Step Speaker/Potluck Meeting | 24 Waconia Friday Night AFG Potluck/Speaker Meeting | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |  |

“By using the principles of Al-Anon, I have been able to focus my life and energy on living better without the exhausting efforts I employed before finding this marvelous program.”

Reaching for Person Freedom (P-92, Page 155)

August

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---------------------------|---|---------------------------------------|---------------------------------|--|--|
| <p><i>"I never felt alcoholism did something 'to me,' it did something 'for me!'" - Anne B. AI-Anon's Cofounders (P-87, Page 5)</i></p> | | | | <p>KEEP AN OPEN MIND</p> | | <p>1 AWSC</p> |
| 2 | 3 | 4 | 5 | 6 | 7 | <p>8 District 6 Meeting District 8 Meeting</p> <p>AIS Open House 9 AM to 1 PM</p> |
| 9 | 10 District 17 Meeting | 11 St. Paul Intergroup Service Meeting | 12 AIS Business Meeting 6:30 PM | 13 | 14 | 15 District 4 Meeting |
| 16 | 17 | 18 | 19 District 11 Meeting | 20 | 21 District 9 Meeting Waconia Friday Night AFG Potluck/Speaker Meeting | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 |  | | | | |

September

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------|---|---|--------------------------------------|---|--|--|
| Think |  | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 Labor Day | 8 St. Paul Intergroup Service Meeting | 9 AIS Business Meeting 6:30 PM | 10 | 11 | 12 District 6 Meeting District 8 Meeting District 10 Meeting District 13 Meeting |
| 13 | 14 District 5 Meeting District 12 meeting District 17 Meeting | 15 | 16 | 17 | 18 | 19 District 4 Meeting District 15 Meeting |
| 20 | 21 | 22 | 23 District 11 Meeting | 24 NYA Step Speaker/Potluck Meeting | 25 Waconia Friday Night AFG Potluck/Speaker Meeting | 26 |
| 27 | 28 | 29 | 30 | LISTEN AND LEARN | | |


“I’ve learned to love and respect myself. Most of all, I know that I’m important and that people will be there when I need them.”

Alateen Talks Back on Higher Power (P-72, Page 27)

October

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|----------|--|---|
| <p>"I know today that when I stop being the ultimate authority, then I can detach with love, keep my hands off, and 'Let Go and Let God.'" Reaching For Personal Freedom (P-92, Page 126)</p> | | |  | 1 | 2 | 3 MNSA Fall Assembly (Elections Assembly) |
| 4 | 5 District 17 Meeting | 6 | 7 | 8 | 9 | 10 District 6 Meeting District 8 Meeting |
| 11 | 12 | 13 St. Paul Intergroup Service Meeting | 14 AIS Business Meeting 6:30 PM | 15 | 16 District 9 Meeting | 17 District 2 Meeting District 4 Meeting Island of Serenity Potluck/Speaker Meeting |
| 18 | 19 Delano Open Speaker Mtg./Potluck 6:45 PM | 20 | 21 District 11 Meeting | 22 | 23 Waconia Friday Night AFG Potluck/Speaker Meeting | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| <p>"If I continue to do what I have always done, I will continue to get what I have always gotten. I want the benefits that this spiritual program has to offer. Therefore, I must take the risk and 'Let go and let God.'" Courage to Change (B-16, Page 252)</p> | | | | | | <p>Let Go, Let God</p> |

November

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 Anne B's Birthday | 10 St. Paul Intergroup Service Meeting | 11 AIS Business Meeting 6:30 PM | 12 | 13 | 14 District 6 Meeting District 10 Meeting District 17 Family Recovery Night St. Paul AI-Anon Intergroup Gratitude Night |
| 15 | 16 District 12 Meeting District 17 Meeting | 17 | 18 | 19 | 20 | 21 District 4 Meeting District 8 Meeting District 13 Meeting District 15 Meeting |
| 22 | 23 | 24 | 25 | 26 Thanksgiving NYA Step Thanksgiving Speaker /Potluck Meeting | 27 Waconia Friday Night AFG Potluck/Speaker Meeting | 28 District 6 Potluck Speaker Meeting |
| 29 | 30 |  | <h2 style="font-family: cursive;">Progress Not Perfection</h2> | | | |
| <p style="font-family: cursive;">“Al-Anon recovery is about reclaiming our own lives. We do this by learning to focus on ourselves, build on our strengths, and ask for and accept our limitations.”</p> <p style="font-family: cursive;">Paths to Recovery (B-22, Page 82)</p> | | | | | | |

December

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|-------------------------------|---|--------------------------------------|--------------------------|--|--|
| This Too Shall Pass | | 1 Annandale Lakers Open Speaker Mtg. | 2 District 11 Meeting 7 PM | 3 | 4 | 5 |
| 6 | 7 | 8 St. Paul Intergroup Service Meeting | 9 AIS Business Meeting 6:30 PM | 10 | 11 | 12 District 6 Meeting District 8 Meeting |
| 13 | 14 District 17 Meeting | 15 | 16 | 17 | 18 District 9 Meeting Waconia Friday Night AFG Potluck/Speaker Meeting | 19 |
| 20 | 21 First Day of Winter | 22 | 23 | 24 Christmas Eve | 25 Christmas Day | 26 |
| 27 | 28 | 29 | 30 | 31 New Year's Eve |  | JUST FOR TODAY |

"Al-Anon doesn't produce miracles overnight, but when we look back, we realize that a miracle is in the process of taking place." One Day at a Time (B-6, Page 337)

Locations and Times for District Meetings and Events:

District 2 Meetings • Grace Lutheran Church • 7800 W. County Road 42 • Apple Valley, MN 55124 • 10:00 AM

District 4 Meetings • Mt. Olive Lutheran Church • 2830 – 18th Ave. N.W. • Rochester, MN • 9:00 AM

District 6 Meetings • Fridley Alano Society • 6279 University Ave. NE • Fridley, MN • 9:30 AM

District 8 Meetings • Uptown House • 1344 Summit Ave. • St. Paul, MN • 11:15 AM to 12:45 PM

District 9 Meetings • Plymouth II Alano • 610 Hopkins Crossroad (West End of Bldg.) • Minnetonka, MN 55343 • 6:00 PM to 7:30 PM

District 10 Meetings • St. Joan of Arc Parish Center • 4737 Third Ave. S. • Minneapolis, MN • 6:30 PM to 8:30 P.M.

District 11 Meetings • Richfield United Methodist • 5835 Lyndale Ave. S. • Minneapolis, MN 55419 • 7:00 PM to 8:00 PM

District 12 Meetings • Bloomington Alano Club • 2060 W. 98th St. • Room 3 • Bloomington, MN • 7: 00 PM to 8:00 PM

District 13 Meeting • Location To Be Determined • 9:30 AM to 11:30 AM

District 16 Meetings • Petra Petros 201 S 3rd St, Saint Peter, MN 56082

District 17 Meetings • Fairmont Alano Bldg. • 214 Downtown Plaza • Fairmont, MN • 5:30 PM

24th Annual Sunlight of the Spirit Weekend • TBD

Al-Anon/Alateen Information Services of Greater Minneapolis • 7204 W. 27th St., Suite 101 • St. Louis Park, MN • 6:30 PM

DELEGATE'S REPORT • Saturday, June 13, 2020

District 4 – Open Speaker Meeting • Evangel Methodist Church • 2645 North Broadway Ave. • Rochester, MN 55906 • 7:00 PM

District 6 - Potluck Speaker Meetings • 6279 University Ave. NE • Fridley, MN • 1:30 PM (Potluck) 2:00 PM (Speakers)

District 8 – Annual Potluck • Recovery Church • 253 State St. • St. Paul, MN • 6:00 PM

District 8 – Beginners Meeting • Every Saturday • Uptown House • 1344 Summit Ave. • St. Paul, MN • 9:45 AM

District 10 - 11th Annual Potluck/Speaker Meeting • St. Joan of Arc Parish Center • 4737 Third Ave. S. • Minneapolis, MN • 5 – 8:30 PM

Family Recovery Night • District 17 • Fairmont Alano Bldg. • 214 Downtown Plaza • Fairmont, MN

AA Founder's Day • DoubleTree South • 7800 Normandale Blvd. • Bloomington, MN 55439

Gopher State Round Up • DoubleTree South • 7800 Normandale Blvd. • Bloomington, MN 55439

Gratitude Night • Location TBD

Island of Serenity Potluck/Speaker Meeting • 16170 Arcadia Ave. SE • Prior Lake, MN 55372 • 6:00 PM

Norwood/Young America (NYA) Step AFG • All Saints Lutheran Church • 511 Merger St. • Norwood/Young America, MN 55368 • 8:00 PM

St. Paul Al-Anon/Alateen Intergroup • 253 State Street • St Paul, MN 55107 • 7:00 PM

Waconia Friday Night AFG • Faith Lutheran Church • 800 Waconia Pkwy. N. • Waconia, MN 55387 • 8:00 PM